

Western District

An outstanding run by Jim Thomson on the final lap gave Law & District a surprise victory and their first ever win in the Senior 4 x 2½ mile event at the SCCU Western District CC Relay Championships at East Kilbride on Saturday 18th October.

Hugh Forgie gave Law a 2sec lead from Shettleston on the opening lap, but Nat Muir was in a class of his own on the next lap, recording the fastest time of 11:14 to give Shettleston a 68 sec lead from Law at half-distance. Veteran, Henry Summerhill, maintained Shettleston's lead and Frank Clement, making a welcome comeback to cross-country running after a long absence, brought Bellahouston into 2nd place, 9 sec ahead of Law.

Jim Thomson, a fast improving but under-rated athlete, soon passed Bellahouston and set his sights on the leader. He pulled in the 32 sec gap and went on to win by over 200m.

Cambuslang, who were only 30th on the opening lap, showed great team spirit for a fine recovery, to take 3rd position and gain their first ever awards at this championship.

Springburn won the young athletes title for the 5th successive year, well clear of Shettleston while Victoria Park took 3rd place in a desperate finish with Kilbarchan as both clubs shared the same time.

1, Law & District (H. Forgie 12:15, A. Miller 12:24, W. Dickson 12:36, J. Thomson 11:52) 49:07;

2, Shettleston (J. Burns 12:17, N. Muir 11:14, H. Summerhill 13:12, W. Scally 1d:06) 49:49;

3, Cambuslang (C. Feechan 13:34, R. Stone 12:13, E. Stewart 12:10, A. Gilmour 11:56) 49:53;

4, Springburn 49:58; 5, Clydesdale 49:59; 6, Bellahouston 50:08; 7, Victoria Park 50:32; 8, Spango Valley 50:49; 9, East Kilbride 51:06; 10, Stirling Univ. 51:3; 11, Greenock Wellpark 51:41; 12, Clydesdale 'B' 51:43; 13, Glasgow Univ. 51:54; 14, Ayrshire 52:00; 15, East Kilbride 'B' 52:12; 16, Bellahouston 'B' 52:29; 17, Springburn 'B' 53:07; 18, Dumbarton 5:15; 19, Cambuslang 53:21; 20, Westerlands 53:29; 21, Garscube 53:31; 22, Kilbarchan 53:33; 23, Greenock Glenpark 53:45; 24, Springburn 'C' 54:03; 25, Clydesdale 'C' 54:11. **Fastest Laps:** Muir 11:14; Thomson 11:52; Gilmour 11:56; 1. Archibald (Glas. U) 12:01; G. Williamson (S'burn) 12:02; A. Douglas (VP) 12:02; C. Spence (SV) 12:05; Stewart 12:10. **(Young Athletes):** 1, Springburn (M. Kerr 10:11, I. Davidson 9:18, W. Minto 9:09) 28:38; 2, Shettleston (D. Green 10:22, M. Connors 9:20, M. Taggart 9:11) 28:53; 3, Victoria Park (A. Forrester 10:19, S. Campbell 9:30, J. Cowan

9:07) 28:56; 4, Kilbarchan 28:56; 5, St. Columba's HS 29:31; 6, Clyde Valley 29:48; 7, Ayr Seaforth 29:51; 8, Law & District 29:55; 9, Shettleston 'B' 30:02; 10, Springburn 'B' 30:03; 11, Cambuslang 30:31; 12, Clyde Valley 'C' 30:52. **Fastest Laps: (Youths):** A. Puckrin (Kilb) 9:05; Cowan 9:07; G. McMillan (Ayr) 9:08. **(Sen. Boys):** D. Russell (Law) 9:01; D. McShane (Cam) 9:16; Davidson 9:18. **(Jun. Boys):** D. Boyd (St. Cols) 9:55; Kerr 10:11; A. Boyd (Ayr. S) 10:15.

WESTERN DISTRICT RELAY CHAMPIONSHIP

(UNDER SCCU RULES)

AT EAST KILBRIDECHANGING ACCOMMODATION AT ST ANDREWS SCHOOL, EAST KILBRIDEON SATURDAY 18th OCTOBER 1980COMMENCING 2.15pm PROMPT

Declarations Race starts

close at at

Young Athletes 3 x 1½ mile Relay Championship 2.00pm 2.15pm

Junior/Senior 4 x 2½ mile Relay Championship 2.45pm 3.00pm

All teams must be declared by the stated time with no late declarations accepted under any circumstances. Each competitor must run on the lap declared and wear a vest of his club colours. The team number must be securely affixed to the front of the vest and be visible throughout the entire race. Any club not complying with the foregoing conditions will be disqualified.

- OFFICIALS -

Referee R.L.McSwein

Chief Judge/Recorder D.Morrison

Judges G.Pickering, A.Johnston

Recorders R.Quinn, A.Morrow, W.Laing, R.Peel

Timekeepers J.McClurg(Chief), R.Hutcheson, H.Quinn

Declarations & Results J.Softley(Chief), A.Riddell, R.Devon, J.Cherry, I.Dalglish, G.Spence, Miss L.Bell.

Team Assembly J.Waddell

Starter R.Peel

Course Organisers W.Rae and H.Quinn of East Kilbride AAC

Course Stewards Members of East Kilbride AAC

Championship Convener and C.A.Shields, 21 Bogton Avenue,

District Secretary Muirend, Glasgow G44 3JJ.

SPECIAL NOTICE It must be strictly observed that no limbering up will be allowed on the actual course. Limbering up should take place within areas surrounded by course.

Disciplinary action may be taken against anyone who disobeys this order.

Spikes must not be worn in dressing rooms, and mud should be removed from footwear before entering the dressing rooms.

A signal will be given before the start of each Championship race after which the competitors must immediately proceed to the starting point and any competitor not forward for the Official Start will be disqualified.

In all races numbers must be worn on FRONT AND BACK of vests and pinned at either side of the number. The number must not be reduced in size.

No individual, other than the Officials appointed to manage the event/s and competitors actually engaged in their own event, shall be allowed over or on the course of any Championship races.

Clubs must declare names of runners comprising team quarter of an hour before the advertised time of the start of the races.

Entries for team events must show the colours of the club's vest and a vest of those colours must be worn by all members of the team while competing.

A map of the course will be displayed in the dressing rooms of the course for each race. Please observe the course for your race. It is your own responsibility if you go off the course.

SPIKES OR CROSS COUNTRY SHOES MUST BE TAKEN OFF BEFORE
ENTERING PREMISES. ATHLETES AND SPECTATORS MUST NOT
ENCROACH ON START/FINISHING LINE AREA.

OFFICIAL PROGRAMME 10p

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OFFICIAL PROGRAMME 10p

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OFFICIAL PROGRAMME 10p

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CROSS COUNTRY RELAY CHAMPIONSHIPS YOUNG ATHLETES 3 x 1½ MILES

The order of running shall be Junior Boy, Senior Boy and finally Youth.
This order shall be strickly observed with disqualification to any team that does not observe this running order.

1. AYR SEAFORTH A.C.	A	A.Boyd	D.Hewitson	D.Gray
2. " "	B	C.Baird	A.Hardie	I.McConnachie
3. " "	C	M.McPhail	D.Hare	K.McClung
4. " "	D	B.Tyrie	G.Collins	W.Collins

RESERVES: D.Harrower(JB), R.Noble(JB), G.Walker(SB), G.May(SB), D.Parker(Y)

5. AYRSHIRE A.C.	A	M.Skilling	R.Skilling	G.McMillan
6. " "	B	B.Cowan	P.Burns	B.Whittle
7. " "	C	D.Lennon	J.Clark	R.Dalziel
8. " "	D	B.Gorman	M.Sinclair	A.Elder (Y)

RESERVES: D.Purvis(JB), R.Whittle(JB), K.Nicol(SB), D.McIntosh(SB), W.Bark(Y), T.McLaughlin

9. BELLAMHOUSTON H.	A	A.Baddon	J.Hutchison	S.Johnstone
10. " "	B	S.Mitchell	D.Bryson	G.Campbell
11. " "	C	R.Mather	S.Carmichael	N.Geraghty
12. " "	D	M.Scott	J.McGlone	G.Short

RESERVES: D.McDougall(JB), C.Dowie(JB), C.Thomson(SB), M.Gallanagh(SB), D.Leitch(Y)
D.Srivastava(Y)

13. CAMBUSLANG H.	A	A.Kelly	D.McShane	G.McLean
14. " "	B	D.Ferguson	D.McLaughlin	T.Farrell
15. " "	C	J.Muldoon	P.Morris	S.Kenny
16. " "	D	T.Ahmad	P.McDonald	P.Gallagher
17. " "	E	G.Kenny	M.McTominay	T.McQuade
18. " "	F	S.Owens	G.Duggan	M.Reid

RESERVES: A.Hart(JB), M.Conlon(JB), S.Caldwell(SB), B.Kenny(SB), J.Orr(Y), J.Kelly(Y)

19. CLYDESDALE H.	A	B.McShea	J.Austin	J.Pearson
20. " "	B	L.Pearson	G.Walker	G.Parker
21. " "	C	S.McDonald	J.McAleer	S.Hoggan
22. " "	D	D.Hopkink	T.Storey	P.Ross
23. " "	E	R.Bell	C.Dougherty	G.Urquhart
24. " "	F	G.Pollock	A.Timpany	S.Nugent

RESERVES: P.Diver(JB), A.Gillies(JB), E.McLean(SB), M.Diver(SB), A.Mulholland(Y), K.Walsh(Y)

25. CLYDE VALLEY A.C.	A	T.Goldie	P.McManus	T.McKean
26. " "	B	I.McLuckie	S.Marshall	P.Mootie
27. " "	C	N.Tollan	M.Beaton	J.Burke
28. " "	D	G.Campbell	A.Brown	S.Grant
29. " "	E	S.Robertson	J.Casey	J.Jaap
30. " "	F	J.McLuckie	T.McHugh	S.McKenna
31. " "	G	M.Corbett	W.Anderson	G.Tumilty

RESERVES: J.Clacher(JB), J.Downie(JB), P.O'Hanlin(SB), L.Smith(SB), M.Stewart(Y), R.Blades(Y)

32. DUMBARTON AAC	A	M.Stevenson	Alist.Currie	Alan Currie
33. EAST KILBRIDE AAC	A	P.McCahill	G.Milligan	D.Rae
34. " "	B	S.McCallum	I.O'Reilly	K.Clements
35. " "	C	P.McQuade	F.Haugh	D.Cowan
36. " "	D	S.Harvie	N.Riach	T.O'Reilly

RESERVES: J.Carr(JB), B.Cunningham(JB), G.McKirdy(SB), A.Wharton(SB), A.McKirdy(Y), A.McGowan(Y)

37. GARSCUBE H.	A	P.Kearns	K.Penrice	D.Anderson
38. " "	B	T.McGuire	J.Bacchetti	J.McGuire
39. " "	C	S.Fraser	G.Campbell	T.Hillis

40. GREENOCK GLENPARK H	A	S.McIntosh	A.McInnes	D.Murray
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RESERVES: S.Parkhill(JB), D.Cox(JB), J.Henderson(SB), C.Grainger(SB), S.Hackett(Y)

41. HAMILTON H.	A	G.Devlin	S.Connelly	K.Hunter
42. " "	B	K.McCarthy	M.Kane	J.O'Donnell

43.	IRVINE AC	A	I.Brookes	R.Carolan	M.Spiers
44.	"	B	T.Carolan	D.Brookes	F.Collier
45.	"	C	A.Kerr	M.Morgan	N.Hersmaw
46.	KILBARCHAN AAC	A	B.Hawkins	D.McNamee	A.Puckrin
47.	"	B	P.McDonald	S.Campbell	R.Hawkins
48.	"	C	S.McKellar	Gary Kelly	C.Wallace
49.	"	D	Gor.Kelly	A.Cockburn	M.Cusack
50.	"	E	J.Holmes	G.Love	S.McCormick

RESERVES: C.Gillespie(JB),D.Coyle(JB),D.Etherton(SB),E.Graham(SB),I.McEwen(Y),N.Gilmour(Y)

51.	LAW & DISTRICT AAC	A	A.Russell	D.Russell	J.McNeil
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RESERVES: A.Ramage(JB),J.Aitchison(JB),C.Hill(Y)

52.	NITH VALLEY AC	A	A.Livingston	S.Johnston	B.McHugh
53.	PENTASTAR AC	A	G.Aitken	S.Robb	J.Reynolds
54.	"	B	W.Kettlewell	M.Sloan	S.Dominick
55.	"	C	G.McMillan	T.Lowrie	S.McWHirter

56.	ST.COLUMBA'S HS AAC	A	D.Boyd	M.Heron	J.McGovern
57.	"	B	W.Bartley	A.Bartley	B.Cameron
58.	"	C	C.Docherty	S.McDonald	N.McGarritty
59.	"	D	J.Boyle	C.Brown	I.Marshall

RESERVES: R.Donnelly(JB),D.Fitzpatrick(JB),G.Nugent(SB),J.Faults(SB),W.Cassidy(Y),S.Farrell(Y).

60.	SHETTLESTON H.	A	D.Green	M.Conner	C.O'Brien
61.	"	B	A.Swann	B.Scally	M.Taggart
62.	"	C	R.Bradley	E.Green	L.Taylor
63.	"	D	A.Amato	R.Simpson	J.Deacons

RESERVES: K.Cameron(JB),B.McMenamin(JB),R.McColl(SB),A.Charity(SB),A.Milne(Y),J.Chalmers(Y)

64.	SPRINGBURN H	A	M.Kerr	I.Davidson	S.McPherson
65.	"	B	D.Barbour	K.Sinclair	W.Minto
66.	"	C	J.Stewart	S.Bradley	J.Kyle
67.	"	D	D.McKenzie	S.Begen	R.Chalmers

RESERVES: A.Gibson(JB),S.Crawford(JB),M.McIntyre(SB),A.Day(SB),S.Murphy(Y),T.Gillespie(Y)

68.	VICTORIA PARK AAC	A	A.Forrester	S.Campbell	J.Cowan
69.	"	B	P.Gahagan	C.Little	P.McCaffrey
70.	"	C	D.Innes	S.Munn	M.Landale
71.	"	D	S.McKain	D.Cruden	J.Miller
72.	"	E	J.Holmes	A.Cain	C.Ross
73.	"	F	A.Baird	R.Boyd	G.Bodie

RESERVES: P.ZANotti(JB),G.Lawson(JB),D.Reid(SB),D.Paton(SB),T.Dallas(Y),A.Anderson(Y)

CROSS COUNTRY RELAY CHAMPIONSHIPS JUNIOR/SENIOR MEN 4 x 2½ MILES

1.	AYR SEAFORTH AC	A	J.Ferguson	J.Thomson	T.McCulloch	D.Brackenridge
2.	"	B	G.Young	J.Anderson	J.Doolan	A.Patterson
RESERVES: A.Pretsell, R.McCulloch						
3.	AYRSHIRE AC	A	J.Golder	G.Grant	I.Kerr	J.Boyd
4.	"	B	R.Turley	S.Walker	A.Ramsay	B.Young
5.	"	C	P.McLauchlan	J.Conlan	S.Dalziel	T.Donohue
6.	"	D	E.Blair	P.Wilkes	J.Swindale	W.Parker

RESERVES: W.Melville, J.McI Young, J.Young, I.Kiltie, S.Robertson, R.Lynch.

7.	BELLAHOUSTON H	A	F.Clement	G.Getty	A.Daly	G.Braidwood
8.	"	B	J.Russell	H.Scott	N.Scott	M.Steel
9.	"	C	A.Smith	T.Donnelly	J.Cowans	J.Charles
10.	"	D	J.Irvine	J.Elder	E.Donnelly	W.Armour

RESERVES: A.McMaster, F.Cowan, R.McCrone, P.Fleming, R.Stoddart, B.Fowler

11. CAMBUSLANG H	A	R.Stone	E.Stewart	A.Gilmour	D.McAulay
12. " "	B	C.Feechan	D.Cooney	R.Anderson	G.Cooper
13. " "	C	G.Legge	H.Cameron	D.McCutcheon	P.Preston
14. " "	D	J.Mahon	G.Eadie	J.Laing	R.Inglis
15. " "	E	C.Donnolly	J.Hamilton	A.Griffin	D.Yuill
RESERVES: R.McCutcheon, J.Cunningham, S.McFadden, M.McCluskey, K.McKaveney, C.Ferguson					
16. CLYDESDALE H	A	A.Marshall	G.Millar	J.McKay	G.Carlin
17. " "	B	R.McWatt	P.Jack	P.Dolan	D.Williams
18. " "	C	A.McKay	S.Darling	G.Kane	J.McLaughlin
19. " "	D	J.Shields	R.Shaw	J.Higgins	R.Rossborough
RESERVES: R.Shields, B.McAusland, L.Pearson, J.Cassidy, D.Gemmell, I.Hopkins					
20. CLYDE VALLEY AAC	A	J.Brown	R.McDonald	C.Farquharson	E.Devlin
21. " "	B	D.Marshall	N.Agnew	T.Callaghan	S.Paul
22. " "	C	W.McBrinn	J.Small	J.Lamarra	P.Fox
23. " "	D	R.McKay	W.Marshall	J.Geddes	F.Stewart
RESERVES: I.Moncur, I.Gilmour, J.Graham, B.McSloy, B.Gardiner, R.Stewart					
24. DUMBARTON AAC	A	A.Adams	C.Martin	W.Cairns	F.Cooney
25. " "	B	E.Croszier	I.McWatt	H.Martin	J.Rowley
RESERVES: P.Hamill, M.Lidwell, A.Buddy, A.Prior, J.Dougan					
26. EAST KILBRIDE AAC	A	I.Campbell	A.Partridge	I.Archibald	C.McDougall
27. " "	B	A.Neal	R.Ronald	H.Wilson	G.Irving
28. " "	C	A.Pearson	G.Colvin	W.McDonald	J.McAllister
29. " "	D	J.Moore	B.Houston	D.McKirdy	G.McKirdy
30. " "	E	F.Bias	T.Walters	D.Gallacher	A.Hill
RESERVES: M.Brannigan, H.Miller, R.Nicol, A.Macrae, R.Riach, A.Patterson					
31. GARNOCK VALLEY AAC	A	K.Cochrane	I.Harris	I.McKenna	K.Phillips
32. " "	B	J.Ash	J.Sloss	J.White	B.Gallacher
RESERVES: J.McLeod, J.Robb, R.Young, D.Chessum					
33. GARSCUBE H	A	T.Wiseman	S.Cullen	A.McCall	D.Geddes
34. " "	B	D.Kerr	W.Cassidy	R.Cameron	J.Geddes
35. " "	C	W.Ritchie	R.Wilson	K.Macanna	D.O'Reilly
36. GLASGOW UNIV. H & H	A	I.Archibald	D.Macdonald	F.Arnot	T.Logue
37. " " "	B	S.Chaney	P.Danielsen	D.Reed	P.O'Kane
38. " " "	C	D.Gisbey	S.Brennan	D.Calder	D.O'Neil
39. " " "	D	I.Munro	G.McGettigan	D.Gilmore	C.Bradley
40. " " "	E	J.Katselis	A.Lockhart	B.O'Hagan	N.Walker
RESERVES: J.Docherty, A.Douglas					
41. G'NOCK GLENPARK H	A	J.Orr	R.Hodelet	I.Cameron	J.Smith
42. " "	B	P.Duffy	W.Jackson	R.Cleary	G.Rodgers
43. " "	C	A.Curran	R.Boyd	A.Anderson	T.Black
44. " "	D	R.Cox	D.Childs	J.Black	J.Sheridan
RESERVES: I.Riddell, T.McDougall, I.McMillan, S.Reddy, D.Kennedy					
45. G'NOCK WELLPARK H	A	T.Anderson	A.Coutts	G.Gaffney	W.Stoddart
46. " "	B	C.Doyle	G.King(Jnr)	G.Newman	W.Docherty
47. " "	C	H.Mooney	T.Stevenson	D.Stoddart	J.Stevenson
RESERVES: D.Newman, R.Johnston, G.King(Snr), I.Blue, A.Cameron, J.Dick					
48. IRVINE AC	A	A.Rennie	J.Stevenson	R.Henry	W.Spiers
49. " "	B	R.Tripp	W.Elder	T.Carolan	C.Forbes
RESERVES: J.Surgenor, P.Collier					
50. KILBARCHAN AAC	A	R.Gardner	G.Fairley	P.Hendren	B.Gardner
51. " "	B	D.McKellar	I.Macdougall	E.Rennie	P.Davis
52. " "	C	D.Stewart	A.Ritchie	A.Smith	J.Rodger
53. " "	D	K.McEwen	H.Ross	A.McCallum	R.Farrell
54. " "	E	G.Martin	D.Mullins	L.Meneely	H.Henderson
55. " "	F	C.Faill	A.Thomson	M.McGinley	A.Homer
RESERVES: K.Laing, J.Healy, R.Barr, J.Gibson					

56. LAW & DISTRICT AAC	A	A.Miller	H.Forgie	J.Thomson	D.Frame
57. " "	B	W.Dickson	F.Kelly	R.Benyon	W.Drysdale
58. " "	C	T.Ramage	G.Watson	W.Struthers	R.Brown

RESERVES: M.Benyon

59. MARYHILL H	A	W.Yate	R.Stevenson	M.Gallacher	R.Ball
60. " "	B	J.McLaren	L.McCue	F.Murdoch	R.Stark

RESERVES: P.Bryers, D.Clarke, K.Kyriacou, R.Macdonald, R.McIntyre, F.Gallacher

61. SHETTLESTON H	A	N.Muir	L.Spence	L.Stewart	J.Burns
62. " "	B	A.Smith	I.Shaw	J.Evans	A.Strang
63. " "	C	H.Summerhill	T.Lucas	W.Scally	G.Green
64. " "	D	G.Mearns	M.Finbow	D.Dick	J.Cook
65. " "	E	S.Penman	A.McDermid	R.Porteous	C.Thomson

RESERVES: D.Walker, H.Inglis, J.Inglis, K.McKenzie, V.Boyle

66. SPANGO VALLEY AAC	A	C.Leck	S.Brownlie	C.Spence	M.Coyle
67. " "	B	K.Ferguson	A.Galbraith	J.Gallagher	D.Hart
68. " "	C	D.Olding	Gor Spence	A.Page	L.McMahan
69. " "	D	Geo Spence	D.Martin	D.McCabe	A.Law

RESERVES: G.Clark, H.Cox, D.Campbell, B.Cunningham

70. SPRINGBURN H	A	G.Williamson	D.Gunstone	A.Callan	A.McIndoe
71. " "	B	A.Macfarlane	P.McIntyre	S.Callan	S.McLean
72. " "	C	J.Bremner	J.McKenzie	C.Canning	J.McMaster
73. " "	D	TO'Reilly	C.McAndie	A.White	A.Jackson

RESERVES: B.Fickling, H.Gorman, D.Wilmoth

74. STIRLING UNIV. AC	A	M.Dean	T.Connell	D.Easton	D.Wood
75. " "	B	D.Spalding	A.Annan	D.McIntosh	S.Alexander

RESERVES: R.Duncan, D.Johnston, B.Dickson

76. STRATHCLYDE POLICE AC	A	J.Pollock	N.Scott	S.Millar	R.Blair
77. " "	B	D.Kennedy	J.McMillan	W.Armour	H.Young

RESERVES: G.Munro, G.Boyes

78. VICTORIA PARK AAC	A	A.Douglas	D.McMeekin	J.Docherty	C.McQueen
79. " "	B	P.Porter	G.Diverty	H.Barrow	R.Johnstone
80. " "	C	A.Calderwood	R.Wood	L.Petrie	S.McKenzie
81. " "	D	J.Lynn	D.Hamilton	N.Taylor	W.Crawford

RESERVES: A.Johnston, A.Smith, R.Blair, R.Pollock, A.Galbraith, I.Smith

82. WESTERLANDS C.C.C.	A	W.Sheridan	W.Reid	W.McColl	C.McAdam
83. " "	B	S.Crawford	A.Brown	T.Rankin	G.Struthers
84. " "	C	D.Gilmore	D.Robertson	I.Struthers	J.Kelly

RESERVES: S.Alexander, A.Campbell, J.Tolmie

QUIZ.

1. NAME THE CURRENT HOLDERS OF THE SENIOR AND YOUNG ATHLETES TITLES. IN TODAY'S CHAMPIONSHIPS.-----
2. THE NATIONAL RELAY CHAMPIONSHIPS ARE IN INVERNESS THIS YEAR. WHEN WERE THEY LAST HELD IN THE NORTH OF SCOTLAND?-----
3. HOW MANY SCOTS WON TITLES AT THE WORLD VETERAN CHAMPIONSHIPS IN GLASGOW IN AUGUST? NAME THEM AND THEIR CLUBS. -----

4. WHERE ARE THE WESTERN DISTRICT AND NATIONAL CROSS COUNTRY CHAMPIONSHIPS BEING HELD THIS YEAR? -----
5. NAT MUIR BROKE WHICH SCOTTISH RECORDS DURING THE PAST TRACK SEASON. -----
6. WHAT EVENTS DID ALAN WELLS COMPETE IN AT THE OLYMPICS? WHAT MEDALS DID HE WIN?-----
7. WHICH SCOTTISH ATHLETE HAS BEEN MOST CAPPED IN THE I.A.A.F WORLD CROSS COUNTRY CHAMPIONSHIPS?-----
8. IN WHAT YEAR WERE THE ABOVE CHAMPIONSHIPS HELD IN GLASGOW?-----
9. NAME THE CLUBS WHO HAVE WON THE S.C.C.U. NATIONAL SIX STAGE ROAD RELAY. -----
10. WHAT WESTERN DISTRICT CLUB WON THE JUNIOR BOY, SENIOR BOY, YOUTHS AND JUNIOR TEAM TITLES AT THE SCOTTISH NATIONAL CHAMPIONSHIPS ON THE SAME DAY?-----

NO PRIZES - ANSWERS FROM COLIN SHIELDS.

YOUNG ATHLETES 3 x 1½ miles

(Junior Boys/Senior Boys/Youths)

1.Springburn Harriers	M.Kerr 10.11(2)	I.Davidson 9.18(1)	W.Minto 9.09(1)	28.38
2.Shettleston Harriers	D.Green 10.22(7)	M.Connors 9.20(3)	M.Taggart 9.11(2)	28.53
3.Victoria Park AAC	A.Forrester 10.19(5)	S.Campbell 9.30(6)	J.Cowan 9.07(3)	28.56
4.Kilbarchan AAC	B.Hawkins 10.18(4)	D.McNamee 9.33(7)	A.Puckrin 9.05(4)	28.56
5.St.Columba's HS	D.Boyd 9.55(1)	M.Heron 9.44(2)	J.McGovern 9.54(5)	29.31
6.Clyde Valley AAC	I.McLuckie 10.21(6)	S.Marshall 9.54(4)	P.Mootie 10.03(6)	29.48
7.Ayr Seaforth AC(A.Boyd)	10.15(3)	D.Hewitson 9.51(8)	D.Gray 9.45(7)	29.51
8.Law & District AAC	A.Russell 10.45(12)	D.Russell 9.01(5)	C.Hill 10.09(8)	29.55
9.Shettleston "B"	A.Swann 10.22(8)	B.Scally 10.11(10)	C.O'Brien 9.35(9)	30.02
10.Springburn "B"	D.Barbour 10.33(10)	S.Bradley 10.00(9)	J.Kyle 9.30(10)	30.03
11.Cambuslang Harriers	A.Hart 11.28(35)	D.McShane 9.16(11)	G.McLean 9.47(11)	30.31
12.Clyde Valley "C"	T.Goldie 11.04(22)	A.Brown 10.09(14)	T.McKean 9.39(12)	30.52
13.Ayrshire AAC	M.Skilling 11.54(47)	R.Skilling 9.53(25)	G.McMillan 9.08(13)	30.55
14.Shettleston "C"	R.Bradley 10.54(15)	E.Green 10.29(18)	L.Taylor 9.33(14)	30.56
15.Clyde Valley "B"	W.Tollan 11.09(23)	M.Beaton 10.01(13)	J.Burke 9.56(15)	31.06
16.Shettleston "D"	K.Cameron 11.03(20)	A.Simpson 10.17(17)	J.Deacons 9.53(16)	31.13
17.Cambuslang "B"	J.Muldoon 11.21(30)	P.Morris 10.05(19)	J.Kelly 9.38(17)	31.14
18.Springburn "C"	J.Stewart 11.02(19)	S.Begen 10.16(16)	S.Murphy 10.08(18)	31.26
19.Clydesdale Harriers"B"	L.Pearson 11.15(26)	J.Austin 10.28(24)	J.Pearson 9.47(19)	31.30
20.Clydesdale Harriers	S.McDonald 11.19(29)	G.Walker 11.19(30)	G.Parker 9.32(20)	31.37
21.Bellahouston Har.	D.McDougall 11.28(37)	S.Carmichael 10.31(27)	S.Johnstone 9.41	31.40
22.East Kilbride AAC	S.McCallum 11.04(21)	I.O'Reilly 10.32(21)	A.McKirdy 10.06(22)	31.42
23.Victoria Park "B"	S.McKain 11.28(36)	C.Little 10.03(20)	M.Landall 10.14(23)	31.45
24.Garscube Harriers	P.Kearns 10.46(13)	K.Pearce 11.12(26)	D.Anderson 10.06(24)	32.04
25.Clyde Valley "G"	M.Corbett 11.46(41)	P.McManus 9.56(23)	G.Tomilty 10.24(25)	32.06
26.Pentastar AC	G.Aitken 11.15(27)	S.Robb 11.09(39)	J.Reynolds 9.49(26)	32.13
27.Ayr Seaforth "B"	B.Tyrie 11.00(16)	A.Hardie 11.28(40)	I.McConnachie 9.46(27)	32.14
28.Kilbarchan "B"	P.McDonald 12.06(51)	S.Campbell 10.40(45)	C.Wallace 9.33(28)	32.19
29.Cambuslang "C"	A.Kelly 11.24(32)	S.Caldwell 11.14(43)	S.Kenny 9.44(29)	32.22
30.Cambuslang "E"	D.Ferguson 11.48(43)	B.Kenny 10.25(34)	J.Orr 10.10(30)	32.23
31.Ayrshire "B"	D.Lennon 11.30(38)	J.Clark 10.53(38)	R.Dalziel 10.03(31)	32.26
32.Clydesdale "C"	B.McShea 11.01(17)	J.McAleer 11.02(29)	S.Hoggan 10.25(32)	32.28
33.G.Glenpark Harriers	S.McIntosh 11.50(46)	D.McInnes 10.21(32)	D.Murray 10.23(33)	32.34
34.Clyde Valley "F"	S.Robertson 11.14(25)	W.Anderson 11.07(37)	R.Blades 10.14	32.35
35.Irvine AC	I.Brook 11.48(42)	R.Carolan 11.20(49)	M.Spiers 9.29(35)	32.37
36.Garscube "B"	S.Fraser 11.23(31)	G.Campbell 11.12(42)	J.McGuire 10.10(36)	32.45
37.East Kilbride "B"	P.McCahill 11.27(34)	G.Milligan 10.45(33)	A.McGowan 10.37	32.49
38.Clyde Valley "E"	J.McLuckie 10.31(9)	T.McHugh 11.48(36)	S.McKenna 10.31(38)	32.50
39.Cambuslang "D"	T.Ahmed 11.48(44)	M.McTonimey 10.56(44)	P.Gallacher 10.09	32.53
40.Clyde Valley "D"	G.Campbell 11.24(33)	J.Casey 11.07(41)	S.Grant 10.23(40)	32.54
41.Victoria Park "C"	D.Innes 11.12(24)	S.Munn 10.56(31)	G.Bodie 11.11(41)	33.19
42.Ayr Seaforth "C"	C.Baird 11.01(18)	C.Collins 11.00(28)	W.Collins 11.18(42)	33.19
43.St.Columba's "C"	J.Boyle 11.17(28)	S.McDonald 11.53(50)	N.McGarritty 10.35(43)	33.45
44.Irvine AC "B"	T.Carolan 13.03(61)	M.Morgan 10.25(51)	M.Hertshaw 10.23(44)	33.51
45.Bellahouston "B"	C.Dowie 12.26(56)	D.Bryson 10.28(47)	D.Leitch 11.00(45)	33.54
46.Kilbarchan "D"	S.McKellar 12.19(53)	G.Love 12.21(55)	R.Hawkins 9.29(46)	34.09
47.East Kilbride "C"	S.Harvie 12.21(55)	G.McKirdy 11.57(53)	D.Cowan 10.48(47)	35.06
48.East Kilbride "E"	P.McQuade 15.32(63)	N.Riach 10.43(60)	K.Clements 10.47(48)	37.02
49.Hamilton Harriers	K.McCarthy 12.37(60)	S.Connelly 13.11(59)	J.O'Donnell 12.09	37.57
50.Irvine "C"	A.Kerr 15.44(64)	D.Brookes 12.38(62)	F.Collier 10.48(50)	39.10
51.Nith Valley AC	A.Livingstone 14.33(62)	J.Rogerson 10.48(56)	B.McHugh 14.26	39.47
Did Not Finish:				
Dumbarton AAC(M.Stevenson	11.41(40)	A.Currie 9.20(12)		
St.Columba's "B"	W.Bartley 10.45(11)	A.Bartley 10.32(15)		
Springburn "D"	D.McKenzie 11.33(39)	K.Sinclair 10.04(22)		
Victoria Park "D"	J.Holmes 12.04	D.Cruden 10.11(35)		
Clydesdale "D"	D.Hopkirk 11.48(45)	M.Diver 11.00(46)		
Victoria Park"E"	P.Caldwell 11.55(48)	A.Cairn 11.08(48)		
St.Columba's "D"	R.Donnally 10.47(14)	C.Brown 13.14(52)		
Victoria Park "F"	P.Zanotti 12.10(52)	D.Reid 12.23(54)		
Kilbarchan "E"	J.Holmes 12.29(58)	A.Cockburn 12.54(57)		
Garscube "C"	T.McGuire 12.19(54)	J.Baccheti 13.22(58)		
Kilbarchan "C"	D.Coyle 15.44(65)	G.Kelly 12.27(61)		

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YOUNG ATHLETES (Cont)

Ayrshire "C" B.Gorman 12.01(49)
 Clydesdale "E" A.Gillies 12.28(57)
 Clydesdale "F" P.Diver 12.29(59)

FASTEST LAPS	YOUTHS	SENIOR BOYS	JUNIOR BOYS
	A.Puckrin(Kilb) 9.05	D.Russell(Law) 9.01	D.Boyd(St.Cols) 9.55
	J.Cowan(VP) 9.07	D.McShane(Camb) 9.16	M.Kerr(Spring) 10.11
	G.McMillan(Ayrs) 9.08	I.Davidson(Spring) 9.18	A.Boyd(Ayr Sea) 10.15

***B ***B ***B ***B ***B ***B ***B ***B ***B ***B ***B ***B ***B ***B ***B ***B ***B

JUNIOR/SENIOR MEN 4 x 2½ miles

1. LAW & DISTRICT AC	H.Forgie 12.15(1)	A.Miller 12.24(2)	
	W.Dickson 12.36(3)	J.Thomson 11.52(1)	49.07
2. SHETTLESTON HAR.	J.Burns 12.17(2)	N.Muir 11.14(1)	
	H.Summerhill 13.12(1)	W.Scally 13.06(2)	49.49
3. CAMBUSLANG HARRIERS	C.Feechan 13.34(30)	R.Stone 12.13(14)	
	E.Stewart 12.10(8)	A.Gilmour 11.56(3)	49.53
4. SPRINGBURN HARRIERS	A.Callan 12.31(7)	D.Gunstone 12.48(5)	
	G.Williamson 12.02(4)	A.McIndoe 12.37(4)	49.58
5. CLYDESDALE HARRIERS	J.Mackay 12.59(17)	A.Marshall 12.22(6)	
	G.Carlin 12.24(6)	P.Dolan 12.14(5)	49.59
6. BELLAHOUSTON HAR.	A.Daly 12.22(4)	G.Getty 12.20(3)	
	F.Clement 12.24(2)	P.Fleming 13.02(6)	50.08
7. VICTORIA PARK AAC	D.McMeekin 12.46(12)	C.McQueen 12.49(10)	
	A.Douglas 12.02(5)	J.Docherty 12.55(7)	50.32
8. SPANGO VALLEY AAC	K.Ferguson 13.22(27)	C.Leck 12.28(15)	
	C.Spence 12.05(7)	M.Coyle 12.54(8)	50.49
9. EAST KILBRIDE AAC	H.Wilson 13.15(23)	I.Campbell 12.24(12)	
	A.Partridge 12.45(10)	A.Neal 12.42(9)	51.06
10. STIRLING UNIV.AC	D.Easton 12.27(5)	M.Dean 12.38(4)	
	D.Wood 13.19(11)	T.Connell 13.09(10)	51.33
11. G.WELLPARK HARRIERS	G.Gaffney 13.03(19)	A.Coutts 12.19(7)	
	C.Doyle 13.12(13)	T.Anderson 13.07(11)	51.41
12. CLYDESDALE "B"	R.Mowat 12.36(9)	R.Jack 12.53(9)	
	D.Williams 13.02(12)	R.Shields 13.12(12)	51.43
13. GLASGOW UNIV. "A"	D.McDonald 12.40(10)	P.Danielsen 13.37(23)	
	I.Archibald 12.01(9)	F.Arnot 13.36(13)	51.54
14. AYRSHIRE AAC	G.Grant 12.36(8)	R.Turley 13.08(13)	
	E.Blair 13.38(19)	J.Golder 12.38(14)	52.00
15. EAST KILBRIDE "B"	C.McDougall 12.54(16)	G.Colvin 13.11(19)	
	R.Ronald 13.09(17)	G.Irving 12.58(15)	52.12
16. BELLAHOUSTON "B"	M.Steele 13.10(21)	A.Smith 12.47(17)	
	A.McMaster 13.03(15)	J.Russell 13.29(16)	52.29
17. SPRINGBURN "B"	H.Gorman 12.53(14)	S.Callan 13.06(18)	
	J.Bremner 13.17(18)	A.Macfarlane 13.51(17)	53.07
18. DUMBARTON AAC	J.Rowley 13.18(26)	W.Cairns 13.18(25)	
	F.Cooney 13.24(23)	H.Martin 13.15(18)	53.15
19. CAMBUSLANG "B"	R.Anderson 13.01(18)	G.Cooper 12.36(11)	
	G.Eadie 13.46(20)	G.Legge 13.58(19)	53.21
20. WESTERLANDS CCC	W.McColl 13.31(28)	W.Sheridan 12.48(24)	
	C.McAdam 13.47(24)	A.Campbell 13.23(20)	53.29
21. GARSCUBE HARRIERS	A.McCall 13.18(25)	T.Wiseman 12.50(20)	
	D.Geddes 14.00(25)	D.Kerr 13.23(21)	53.31
22. KILBARCHAN AAC	R.Gardner 12.43(11)	B.Gardner 13.11(16)	
	D.McKellar 13.52(21)	I.MacDougall 13.47(22)	53.33
23. G.GLENPARK HARRIERS	R.Cleary 13.43(35)	R.Hodelet 13.00(26)	
	I.Cameron 13.05(22)	T.Curran 13.57(23)	53.45
24. SPRINGBURN "C"	C.McAndie 12.19(3)	S.McLean 13.56(22)	
	C.Canning 14.01(26)	J.McKenzie 13.47(24)	54.03
25. CLYDESDALE "C"	S.Darling 13.11(22)	A.McKay 13.51(29)	
	G.Kane 13.57(27)	J.Shields 13.12(25)	54.11
26. STRATHCLYDE POLICE	S.Millar 13.05(20)	N.Scott 13.05(21)	
		H.Armstrong 13.09(26)	54.17

JUNIOR/SENIOR MEN 4 x 2½ miles (Cont)

27. SHETTLESTON "B"	D.Dick 14.18(46)	G.Mearns 13.10(36)	
	T.Lucas 13.45(31)	S.Penman 13.41(27)	54.54
28. SPANGO VALLEY "B"	S.Brownlie 12.54(15)	J.Gallacher 13.58(28)	
	D.Olding 14.14(30)	D.Hart 14.05(28)	55.11
29. MARYHILL HARRIERS	W.Yate 13.33(29)	M.Gallacher 13.38(30)	
	J.McLaren 14.02(32)	R.Ball 14.14(29)	55.27
30. BELLAHOUSTON "C"	H.Scott 13.48(37)	J.Charles 13.25(31)	
	J.Irvine 13.48(28)	T.Donnolly 14.31(30)	55.32
31. AYR SEAFORTH AAC	J.Ferguson 12.29(6)	D.Brackenridge 14.14(27)	
	J.Doolan 14.51(33)	T.McCulloch 14.04(31)	55.38
32. GLASGOW UNIV. "B"	D.Gisbey 13.37(32)	P.O'Kane 13.42(32)	
	D.Calder 13.44(29)	G.McGettigan 14.54(32)	55.57
33. EAST KILBRIDE "C"	DISQUAL. 14.36(52) 13.28(40)	13.38(34) 14.21(33)	56.03
34. GARSCUBE "B"	R.Wilson 14.07(43)	W.Ritchie 14.03(42)	
	W.Cassidy 14.34(39)	S.Cullen 13.39(34)	56.23
35. CAMBUSLANG "D"	R.McCutcheon 13.35(31)	J.Laing 13.45(33)	
	C.Ferguson 14.33(35)	J.Mahon 15.08	57.01
36. AYRSHIRE AAC "B"	J.Swindale 13.58(41)	S.Dalziel 14.38(44)	
	B.Young 14.13(40)	T.Donohue 14.41(36)	57.30
37. CAMBUSLANG "C"	R.Inglis 13.41(34)	H.Cameron 13.56(37)	
	S.McFadden 15.55(44)	M.McCluskey 14.10(37)	57.42
38. G.GLENPARK "B"	B.Jackson 13.48(39)	R.Boyd 14.09(39)	
	D.Childs 16.12(41)	J.Black 14.49(38)	57.44
39. CLYDESDALE "D"	J.Higgins 14.14(45)	R.Shaw 14.44(46)	
	B.McAusland 14.53(45)	R.Rosborough 13.54	57.45
40. EAST KILBRIDE "D"	DISQUALIFIED 15.08(59) 14.46(55)	14.10(47) 13.45(40)	57.49
41. G.WELLPARK "B"	G.King, Jnr 13.18(24)	D.Newman 14.25(38)	
	G.Newman 14.20(36)	I.Blue 16.01(41)	58.04
42. IRVINE AC	A.Rennie 13.56(40)	R.Henry 13.32(35)	
	J.Surgenor 15.07(38)	W.Spiers 15.32(42)	58.07
43. SPANGO VALLEY "C"	A.Galbraith 14.35(50)	G.Spence 14.44(50)	
	D.McCabe 14.11(43)	A.Page 15.24(43)	58.54
44. KILBARCHAN "B"	E.Rennie 13.44(36)	A.Smith 15.00(45)	
	D.Stewart 15.09(46)	R.Farrell 15.16(44)	59.09
45. SHETTLESTON "C"	C.Thomson 14.38(53)	H.Inglis 15.03(53)	
	A.McDermid 15.16(49)	D.Walker 15.20(45)	60.17
46. VICTORIA PARK "B"	S.McKenzie 13.48(38)	W.Crawford 15.58(54)	
	J.Lynn 15.37(50)	A.Calderwood 15.34(46)	60.57
47. KILBARCHAN "C"	K.McEwen 14.26(48)	S.McCallum 15.33(56)	
	G.Martin 15.37(51)	P.Hendren 15.24(47)	61.00
48. SPRINGBURN "D"	T.O'Reilly 14.04(42)	T.White 15.30(51)	
	D.Wilmoth 16.32(53)	A.Jackson 15.02(48)	61.00
49. EAST KILBRIDE "E"	A.Paterson 14.45(55)	F.Bias 14.32(49)	
	A.Hill 15.20(48)	D.Gallacher 16.35(49)	61.12
50. MARYHILL "B"	L.McCue 15.11(60)	D.Clarke 15.05(57)	
	F.Murdoch 16.04(54)	R.Macdonald 15.21(50)	61.41
51. GLASGOW UNIV "C"	N.Walker 17.07(62)	I.Munro 14.57(61)	
	B.O'Hagan 15.47(55)	A.Lockhart 15.24(51)	63.15

DID NOT FINISH

CLYDE VALLEY AAC	S.Paul 12.47(13)	J.S.Mall 12.38(8)	T.Callaghan 13.30(14)
WESTERLANDS "B"	S.Crawford 14.22(47)	S.Alexander 13.04(34)	J.Tolmie 14.07(37)
LAW & D "B"	F.Kelly 13.41(33)	M.Benyon 14.26(41)	R.Brown 15.06(42)
CAMBUSLANG "E"	K.McKavenny 15.00(58)	D.McCutcheon 15.17(58)	D.Cooney 15.39(52)
G.GLENPARK "C"	T.Black 16.07(61)	B.Cox 15.20(60)	I.Riddell 16.43(56)
BELLAHOUSTON "D"	F.Cowan 14.43(54)	R.McCrone 13.40(43)	
DUMBARTON "B"	I.McWatt 14.33(49)	A.Buddy 14.31(47)	
GARSCUBE "C"	D.O'Reilly 14.36(51)	K.Macanna 14.33(48)	
STIRLING UNIV. "B"	R.Duncan 14.10(44)	S.Alexander 15.25(52)	
AYRSHIRE "C"	A.Ramsay 14.48(56)	W.Parker 14.48(59)	
GARNOCK VALLEY AAC	J.White 14.52(57)		

FASTEST LAPS:	N.Muir(Shett)	11.14	G.Williamson(Spring)	12.02
	J.Thomson(Law)	11.52	A.Douglas(VP)	12.02
	A.Gilmour(Camb)	11.56	C.Spence(Spango)	12.05
	I.Archibald(GU)	12.01	E.Stewart(Camb)	12.10